

# THE SAFETY SEVEN

.....

***BECAUSE YOU  
MATTER!***

IF YOU SEE  
SOMETHING SAY  
SOMETHING



STRAP IN,  
STAY SAFE



FOCUS ON  
WORK



BE VISIBLE,  
BE SAFE



KEEP YOUR  
DISTANCE

2M



HOLD TIGHT,  
STAY RIGHT



SECURE ITEMS  
ABOVE 2M



**THINK FIRST  
BEHAVE SAFE**

BME HEALTH & SAFETY COMPASS