

TALK TO OTHERS ABOUT UNSAFE  
BEHAVIOUR AND ACCEPT FEEDBACK  
ABOUT YOUR OWN



IF YOU SEE SOMETHING,  
SAY SOMETHING



# THE SAFETY SEVEN



.....  
**BECAUSE YOU  
MATTER!**



ALWAYS USE YOUR  
SEATBELT AND ALL  
AVAILABLE SAFETY FEATURES



STRAP IN,  
STAY SAFE

USE DESIGNATED AREAS FOR  
PHONE CHECKS AND SMOKING



FOCUS ON  
WORK

ALWAYS WEAR HIGH-VISIBILITY  
CLOTHING AND USE REQUIRED  
SAFETY GEAR (PPE),  
WHILE WORKING



BE VISIBLE,  
BE SAFE

KEEP YOUR  
DISTANCE



STAY 2 METERS AWAY FROM  
MOVING EQUIPMENT, ESPECIALLY  
FORKLIFTS AND CRANES

HOLD TIGHT,  
STAY RIGHT



SECURE ITEMS  
ABOVE 2M



KEEP YOUR  
DISTANCE



2M



2M



KEEP THREE POINTS OF CONTACT  
WHEN GETTING IN AND OUT  
OF A TRUCK



WRAP AND SECURE ALL PRODUCTS  
STORED ABOVE 2 METERS